

RALEIGH



PREPARE TO WIN

V O L L E Y B A L L

2019

Raleigh Volleyball Club Packet



Player Name:	
Age Group:	
Team Level:	National / Elite / Power / Select





Letter of Commitment

2018-2019 Junior Season

The purpose and intent of this official document is to establish a binding agreement between a junior volleyball player and a member club of the Carolina Region for the duration of the current USAV Indoor competitive season (the indoor season ends at the 2019 USAV Junior National Championships regardless of whether a team/player/club continues to play through that event). Signed letters of commitment will be kept on file by clubs, and serve as official documentation of affiliation. **This document SHOULD NOT be sent to the Carolina Region by individuals or clubs unless requested by the Region!**

CLUB - By signing this document, the Club Representative agrees to the following:

- Club Signatures Required Prior to Submission.** This document must be signed and dated by the Club director or representative before submission to parents/guardians and student-athlete for signatures.
- Club Responsibilities:** Should the Club fail to provide a minimum level of services, establish a safe practice and competitive environment, provide competent and certified coaching, or fail to meet the specifics of any agreement signed between player and club, the player has the right to petition the Carolina Region for relief from this agreement through the Region appeal process.

PLAYER - By signing this *Letter of Commitment* I understand and agree to the following:

Parent/Guardian Signature Required. A parent or legal guardian is required to sign this *Letter of Commitment* if the student-athlete is less than 18 years of age at the time of signing.

- Commitment.** I understand that once I sign and submit this document to a club representative that I shall not attend any other club's tryouts. If any other clubs contact me about participating with their club during the USAV season, I may choose to notify them that I have signed a "letter of commitment" and have committed to a club for the 2019 USAV indoor season (through July 7, 2019). All other clubs are obligated to respect my signing once they know I have signed a *Letter of Commitment*. I have the right to ask other clubs not to contact me once I have submitted a *Letter of Commitment*.
- Binding Agreement.** I understand that I have signed this *Letter of Commitment* with the club listed below and not with a particular individual. If a coach or any player(s) leave(s) the team, I remain bound to the club by the provisions of this document.
- Nullification of Other Agreements.** My signature on this *Letter of Commitment* nullifies any agreements, verbal or otherwise, which would release me from the condition stated within this document.
- Release from Commitment.** I understand that I may request release from this commitment. I further understand that the club named herein is under no obligation to release me, even if I do not sign a contract to play with that club. I understand I cannot commit to, or play with, another club unless and until I have received a commitment release in writing from the club named below and approval from the Carolina Region. Even with a release from the club, all transfers to other clubs must be approved by the Carolina Region and are not guaranteed once an athlete participates in a tournament.
- Appeals.** I understand that I may appeal the terms of this agreement via the Carolina Region appeals process.

By signing this *Letter of Commitment*, I acknowledge the following penalties should I break this agreement:

- Basic penalty:** I understand that by signing this letter I am committed to joining the club named within this document for the entire 2018-2019 season. If I compete with another club, I will be subject to suspension for the remainder of the season.
- Early Signing Penalty:** While offers to play may be extended at any time during the tryout period, a club representative may not require a player to sign before the established Carolina Region signing dates (**Oct 26 for 14s and under and younger; Nov 9 for 15s-18s**). A player who signs a *Letter of Commitment* prior to the established Carolina Region tryout period (**Oct 20 for 14 and under and younger; Nov 4 for 15s-18s**) may be subject to suspension for the entire season.
- Falsification of Letter of Commitment:** If I falsify any part of this Letter of Commitment, including the date, I understand that I am subject to suspension for the entire 2018-2019 USA Volleyball season.

Certification: By my signature, I certify that I have read all terms and conditions in this document. I have discussed them with the club representative named within, and fully understand, accept, and agree to be bound by them.

This is to certify my decision to join (name of club): _____

Player's Name: _____ Signature: _____ Date: _____

Address/City/State/Zip: _____

Parent/Guardian Name: _____ Signature: _____ Date: _____

Club Representative: _____ Signature: _____ Date: _____



Raleigh Volleyball Club Travel Policies

The following travel policies are for informative purposes and will hopefully answer all questions and/or concerns about the club's trips to participate at "in region" and "out of region" tournaments. It is not intended to be a complete list and for the safety of our players, circumstances for any travel may require additional restrictions.

Everyone wants to have an enjoyable trip and in efforts to do this, everyone must adhere to some very basic policies. Both parents and players should review the policies to ensure that they have a complete understanding of the expectations that come with traveling as a member of Raleigh Volleyball Club.

Raleigh Volleyball Club and its staff take the responsibility of traveling with a group of young ladies extremely seriously. We have a zero tolerance policy for all players who violate any rule or code of conduct throughout the duration of the trip! From the moment a player arrives at the point of team assembly (usually the tournament venue for in Region and the airport for Out-of-Region tournaments), to the moment team travel is complete, each player will be under the supervision of Raleigh Volleyball Club staff and team chaperones.

Players and parents need to understand that the overarching purpose of each trip is to participate in a volleyball tournament. Team social activities, while not discouraged, will come second to tournament requirements. Coaches will ensure that players have the opportunity to receive at least eight hours of sleep per night and eat three meals a day. Any social plans will be made around each team's playing schedule and sleeping and eating requirements.

Overnight Stays

In-Region: Players are allowed to stay in the hotel rooms with their parents for In-Region tournaments. (the only exception to this policy is the rare event where the Region Championship is an overnight trip)

Out-of-Region: Players will stay in hotel rooms with their teammates for Out-of-Region travel.

Players must act in a first class manner.

The following expectations are those that Raleigh Volleyball Club has for all players when traveling with a Raleigh volleyball club team. The Club and its staff are working hard to maintain a first class reputation; therefore, expectations for players are high. Those who fail to meet them will be subject to consequences that, depending on the severity of the infraction, may range from reprimand, to loss of playing time, to expulsion from the team.

1. Players will act in an appropriate manner at all times. This includes volume of voices, choice of words, course of actions, choice of dress, respect to property (e.g., hotel and airline items), etc.
2. Each player is expected to treat all other players, teammates, coaches, referees, and fans with courtesy and respect.
3. At any tournament, all players are under the supervision of the Raleigh coaches, chaperones, and club representatives from the designated point of assembly. Even if a player's parents attend the tournament, players are expected to adhere to club & team rules.
4. Players must be on time for all team commitments.
5. Each player will keep their coach, chaperone, or team representative informed of their presence at all times. This rule applies for all local, regional and out-of-region tournaments.
 - At tournaments, players may be dismissed from team functions (playing site areas, hotel, team dinners, etc.) only if their coach permits it, their parent is present and they ask permission from coach and/or chaperone beforehand.
 - If they receive permission to be dismissed from a team function Player/parent must inform coach and/or chaperone where they will be and their approximate return time.

6. Curfew will be set on a nightly basis depending on the team's playing schedule.
7. Players will not disturb other hotel guests/airline passengers or hotel/airline staff.
8. At the airport (waiting at gate, walking around or at the baggage claim), players must always be in groups of three (3) or more.
9. Within the hotel, players must always be in groups of two (2) or more.
10. Outside of the hotel, players must have an adult Raleigh Volleyball Club member (staff, parent, or chaperone) accompany them. NO Player (even if they are 18 years old) is allowed to leave the hotel property without an adult with them.
11. Players are not allowed in hotel rooms occupied by Non- Raleigh Volleyball Club members or persons of the opposite sex. Non- Raleigh Volleyball Club members are not allowed in players' hotel rooms. Raleigh Volleyball Club parents are considered members.
12. Players should never give any stranger the name of the hotel the team is staying at or the room number of any Raleigh Volleyball Club player, even someone who identifies himself/herself as a college coach.
13. While in the hotel rooms, players must not leave doors open or prop doors open with latches or other items
14. Raleigh, and USAV's Alcohol, Drug, and Tobacco Policy will be strictly enforced.
15. Any additional costs incurred while traveling will be charged to the player's account. This includes the replacement costs of misused or stolen hotel items
16. When riding/driving in team vehicles, all players MUST buckle their seat-belts. This rule also applies to any player riding/carpooling with other families/adults.
17. Teams will clean up their areas prior to leaving any tournament site.

Any Raleigh Volleyball Club Staff Member, Coach or Chaperone is authorized to reprimand or discipline any player found to be in violation of these policies. Severe or flagrant violations of the travel policies may result in the player being sent home immediately at the parent's expense.

Players must remember that they are not only representing their team, but also Raleigh Volleyball Club, their school, city and state. We want to be able to return to these tournaments, hotels and fly the airlines for future tournaments, so please think and act responsibly

Parent's Signature Date _____

Player's Signature Date _____



Raleigh Volleyball Club Parent Commandments

One of my goals with RVC is to help my child become the best volleyball player and person they can be. I understand that participation in the Club requires I conduct myself with these RVC Parent Commandments at the forefront of my actions and behaviors. I understand that a failure to meet these expectations will mean that I will not be permitted to attend practices or tournaments.

1. **ATTENDANCE:** I will help my child attend all practice sessions, matches and tournaments. If my child is unable to attend, I will notify the coach or assistant coach at least 1 day prior to the session to be missed. I will provide a calendar of known dates that conflict with my commitment to practices and tournaments in advance to my child's Coach. I will never take my child from a practice or tournament without first notifying my child's coach.
2. **SPORTSMANSHIP:** I will always be an example to my child in the area of good sportsmanship during practices and tournaments. I will refrain from criticizing officials, opposing players, other parents, coaches, my child's teammates, and my child. I will exhibit exemplary sportsmanship whether the team is winning or losing, playing well or not playing well. I will be a positive model to my child, the other players, their parents and the coaches.
3. **HELPFULNESS:** I will help my child arrive early to all practice sessions and tournaments. As a parent, I will assist with gym or team cleanup, and encourage my child to share all referee, line judge and work responsibilities. I will offer assistance to the Team Rep. with communication to fellow parents.
4. **COURTESY:** I will never use inappropriate language or gestures during practice or tournaments or while representing Raleigh Volleyball Club.
5. **COOPERATION:** I will cooperate, with my child's coaches and parent teammates, with the parent representative regarding team issues and financial commitments, and with the Raleigh Board of Directors on questions or concerns regarding the Club.
6. **APPEARANCE:** I assist my child with appropriate dress, in the team uniform, for all tournaments.
7. **COMMITMENT:** I will regularly check my email and the Raleigh volleyball club web page (<http://vb1.us/rvc/index.php>), recognizing this electronic method is the primary means of communication for practice changes, team assignments, etc. I will make sure my child has adequate, safe and on-time transportation to and from all practices and tournaments.
8. **COMMUNICATION:** I will allow my child to work to resolve problems or issues on the team with the coaching staff. I will NEVER confront any of my child's coaches at a tournament or practice about playing time or coaching techniques. If I absolutely feel the need to discuss this type of problem with my child's coach, I will ask to schedule a meeting involving the club director and the child's coach.
9. **ATTITUDE:** I will encourage my child to work hard at practices and tournaments and to take the time with the team seriously. I will assure my child is attentive and focused on the coach's instruction. I will support the coach's suggestions for my child's improvement with eagerness and appreciation.
10. **PLAYING TIME:** I understand that playing time is earned, coach do not guarantee any playing time. I will not ask coach for playing time and 100% support coach's decision
10. **FINANCIAL COMMITMENTS:** I will make timely payment of my share of all dues, assessments and expenses of my child's team. I understand that the budget is a good faith estimate of team costs and that any cost adjustments due to changes in estimates of practice, gym costs, travel costs or match schedules will be calculated and, if such changes cause an increase in cost estimates for my child's team, upon my notification, my share of the difference will become immediately due and payable to the Club. I also understand that team costs are incurred pro-rata among the players. In the event my child leaves the team, I am still responsible for all of the charges for the entire season, other than my child's out-of-pocket travel costs. In the event another player leaves the team, the Club will make best efforts to collect from that player's family. If by the end of the season, in the event the Club is unsuccessful in such collections, I understand I will be responsible for additional team charges based on changes in my allocable share of team costs estimates. Failure to make timely payments may incur penalties and cause my child to be excluded from practices and/or playing in matches until my account is current. All fee/payment(s) are not refundable.

I UNDERSTAND THAT INCURRING SUCH PENALTIES DOES NOT RELIEVE ME OF MY FINANCIAL COMMITMENTS IN ANY WAY.

I UNDERSTAND AND AGREE TO MY COMMITMENTS TO THE CLUB

Parent's Signature Date _____



Raleigh Volleyball Club Player Commandments

One of my goals with Raleigh Volleyballs is to become the best volleyball player and person I can be. I understand that my participation in the Club requires I conduct myself with these Raleigh Volleyball Player Commandments at the forefront of my actions and behaviors. I understand that a failure to meet these expectations will be cause for my playing time reduced or eliminated.

1. ATTENDANCE: I will attend all practice sessions, matches and tournaments. If I am unable to attend, I shall notify the coach or assistant coach at least 1 day prior to the session by both E-mail and Phone/Text . I will provide a calendar of known dates that conflict with my commitment to practices and tournaments in advance to the parent representative and / or coach. I will never leave a practice or tournament without first receiving permission from my coach.

2. PARTICIPATION: I will exhibit a teamwork attitude; attend all practice sessions, matches and tournaments.

3. SPORTSMANSHIP: I will be courteous and respectful, to the facilities I am practicing or playing in at all times, to all coaches, my teammates, my competitors, the referees, and others. I will exhibit exemplary sportsmanship whether the team is winning or losing, playing well or not playing well. I will be a positive model to my fellow players, coaches and the player's parents.

4. HELPFULNESS: I will arrive early to all practice sessions and tournaments. I will be prepared to assist in net setup and tear-down, gym or team cleanup, share all referee, line judge and work responsibilities.

5. COURTESY: I will never use inappropriate language or gestures during practice or tournaments or while representing Raleigh Volleyballs Club.

6. COOPERATION: I will cooperate with my coaches and teammates and be ready to play every position in the spirit of teamwork.

7. APPEARANCE: I will dress appropriately, in the team uniform, for all tournaments.

8. COMMITMENT: I will budget my time to meet the responsibilities of being a Raleigh Volleyball team member, maintaining my academic goals, and participating in social and community projects.

9. COMMUNICATION: I will communicate both on and off the court with my teammates and coaches for mutual understanding. If I am concerned about playing time or skill development, I will communicate directly with my coach and request help.

10. PLAYING TIME: I understand that playing time is earned, not guaranteed. All players will be given equal opportunity and instruction in practice to earn their position, but it is up to me to put forth the effort. I understand that I must earn my position and time on the court by showing the will to compete, the desire to support my teammates on the floor, and the heart to do whatever it takes to give everything I have to the match.

11. ATTITUDE: I will work hard at practices and tournaments. I will take the time together as a team seriously. I will be attentive and focused on my coach's instruction. I will embrace their suggestions for improvement with eagerness and appreciation. I will be responsive to their requests and be willing to try new or different things.

_____ Parent's Signature Date_____

_____ Player's Signature Date_____

**CAROLINA REGION/USAV
PARTICIPANT/SPECTATOR BEHAVIOR POLICY**



The Carolina Region endorses the principles of the Positive Coaching Alliance and the Honor the Game philosophy. To this end, we have adopted a Participant/Spectator Behavior Policy for unsportsmanlike conduct by all attendees at Carolina Region sanctioned events.

It is understood that in the “heat of the moment”, immediate reactions to a specific play or outcome during competition is natural. However, verbal or physical (either simulated or actual) assaults on tournament directors, officials, coaches, players, or spectators will not be tolerated. Examples of inappropriate behavior that may result in implementation of this policy include, but are not limited to:

- (a) Making inappropriate comments to officials (adult or junior) over faults called or not called.
- (b) Making inappropriate comments to line judges about calls made.
- (c) Making inappropriate remarks to participants on the court.
- (d) Approaching the scorers table or referee stand during play to complain about what is shown on the scoreboard or faults called or not called.
- (e) Expressing extensive disagreements with Tournament Directors or Officials concerning tournament procedures, formats, playoff seeding, or any tournament matter. Ideally, only the Head Coach should approach the Tournament Director to discuss tournament administration matters during an event. This is so the Tournament Director can concentrate on running the event and not answering general questions from spectators or repeatedly explaining decisions based on policies that have been publicized in Carolina Region materials on the website. Spectators and other participants should run their questions through their Head Coach, who will often know the answers anyway. The decision of the Tournament Director, after consulting the Tournament Director Handbook and/or Region Staff, is final and not subject to question from coaches or spectators.

At every tournament coaches/captains’ meeting, the attendees will be reminded that the Tournament Director has the power to expel any unruly spectator, coach, player, or participant from the facility (typically after a verbal or written warning has been issued, but a warning is not required if actions are severe enough). Tournament Directors will be provided with a warning card to “Honor the Game” that they and the officials can hand out to participants if their behavior is in danger of reaching the level of possible sanctions. If a warning does not cause the behavior to change, a tournament director may choose to have the participant expelled.

EXPULSIONS:

Some actions by participants and spectators will require an automatic expulsion from the facility and possible further sanction by the Carolina Region for Code of Conduct violations:

- ❖ Physical (simulated or actual) assaults against any participant
- ❖ Second warnings for inappropriate comments to officials, tournament directors, participants, or spectators.

The expulsion decision is entirely at the Tournament Director's discretion, although s/he may choose to engage the Head Official, facility supervisor, or Region Staff in managing spectator behavior and making a decision. In the event that a person that has been expelled from a facility but refuses to leave, proper authorities may be called in to mediate the situation (trespassing).

REPORTING INCIDENTS:

The Tournament Director who issues the expulsion will be required to submit an incident report, in writing, to the Region Office within 48 hours of the event. A witnessing Adult Official or facility supervisor should also submit a written summary of the event to the Region Office. The expelled individual will be informed that they (or the coach of an expelled player) may submit within 72 hours to the Region Office their written perspective of the incident. Any expulsion decision will be reviewed within 10 days by the appropriate Board Representative of the affected division (girls, boys, adults) and the Carolina Region Director of Operations.

CONSEQUENCES:

Upon review of the facts as expressed in the written incident reports, the Board Representative of the affected division may choose among several courses of action, including:

- 1) Acknowledge review of the incident with no further action.
- 2) Issue a formal notice of reprimand to the expelled player, coach, or spectator (copy to the team representative).
- 3) Suspend the expelled participant from a subsequent tournament.
- 4) Declare a "repeat offender" ineligible to attend sanctioned events for the remainder of the current season or for the entire following season.
- 5) Penalize teams or clubs for unruly spectator behavior in an equitable manner fitting the circumstances, which could include but is not limited to:
 - a. Denial of entry into the next tournament,
 - b. Revocation of eligibility to compete for the remainder of the season,
 - c. Other penalty deemed appropriate by the applicable division's Advisory Council.

Any sanctions imposed on participants for their behavior at Carolina Region sanctioned events will be governed by the Due Process Policy of the Carolina Region. A copy of the Due Process Policy will be included with all correspondence to the individual.

All teams, clubs, and spectators at Carolina Region sanctioned events are expected to be aware of this Participant/Spectator Behavior policy, and to educate their players, coaches, and parents on the policy. With the help of our Volleyball community, we can ensure that our events are a fun and safe environment for all our members!

Raleigh Volleyball Club Grievance Procedure

Competitive team athletics, by its very nature, creates situations where everyone may not be happy all the time. Knowing when to communicate and how to communicate with your athlete's coach is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time.

The RVC encourages the athlete to take responsibility for their participation. For this reason we expect the player to talk to the coach first when she has a problem concerning her playing time, or if she is unclear about what the coach expects from her either in practice or in a competition. The appropriate way to do this is for the athlete to ask the coach what she needs to do to get more opportunities to play in matches. Most of the time, the player knows why they may not be playing as much as a teammate when the parent may not. Parents can best help their athlete by helping her set some goals to achieve more opportunities.

When a parent has a problem that is specific to their own athlete, we also expect them to first talk to their athlete's coach. Coaches have been instructed not to discuss "coaching decisions" with a parent. These "coaching decisions" include, but are not limited to, specific match decisions such as who played when, where, and how long. Also, who was subbed out and when, etcetera. The coach will not be required to defend his/her thought process or conclusions in the determination of playing time, and it is improper for a parent to request that.

Specifically, the procedures to follow if you as a parent, or your athlete as a member of an RVC team, have concerns about our policies or a coach's actions are, in this order:

1. The player should speak or meet with the coach to discuss the matter. If the matter remains unresolved then,
2. The parent should speak to or meet with the coach. If the matter remains unresolved then,
3. The parent should speak to or meet with the Club Director at the convenience of both parties. The decision of the club director is final and is not subject to appeal.
4. If a parent approaches a coach during a tournament, we have instructed the coach to refuse to discuss any controversial matter, to refer the parent to the Club Director and to walk away from the situation. The recommended time for a parent and/or athlete to talk to a coach about a problem is a previously arranged meeting time either before or immediately after a scheduled practice. If the matter remains unresolved then,
5. The parent may speak to the Coach and the Club Director. In certain situations, The RVC may ask the athlete to attend the meeting also. Meetings should be previously arranged. Meetings will not be scheduled during a tournament. The Coach or the Club Director will not engage in discussions about "coaching decisions."

Other Policies Regarding Grievances

1. The RVC will not tolerate hostile, aggressive confrontations between a parent and any official, or a parent and any coach, or a parent and any athlete, or a parent and any other parent, whether the coach, athlete or other parent is a member of the RVC or not. Violation of this policy will result in the

athlete being suspended for one tournament with any following violations resulting in expulsion from the RVC without refund.

2. It is inappropriate for an athlete or a parent to approach other RVC members about a problem the athlete or parent is having with an RVC coach, about objections to coaching decisions, or about disagreement with an administrative decision. Asking uninvolved people to take sides in an issue is unfair to the third party and to the Club. For the psychological health of the teams and the Club as a whole, grievances need to be handled between the parties involved and in the proper manner.

3. If a player or parent is approached and asked to listen to, or express an opinion about matters between two other parties in the Club, they are strongly encouraged to refer the complaining party to take the matter up with either the coach in question or the Club Director.

4. Please refrain from negative comments around your daughter and the other athletes. Young players are vulnerable and if they hear complaining about the coach, the coach's style or RVC policies, this can have an adverse effect on their performance and/or attitude. If you, as a parent, are unhappy about something, you should follow the grievance procedure of this guide to resolve the matter.

Parents Signature:

Date:



Raleigh Volleyball Club Waiver and Release

The undersigned on behalf of child named below (the Student/Athlete), waives and fully and unconditionally releases and forever discharges Raleigh Volleyball Club and North Raleigh Christian Academy, Neuse Christian Academy St David's School, City Of Knightdale Parks And Recreation, Ravenscroft School Board of Trustees, Owners, Operators, Landlord, Tenants (any of those not listed but employed by St. David's School, North Raleigh Christian Academy, Neuse Christian Academy, City Of Knightdale Parks And Recreation, Ravenscroft School or its landlord or affiliates) and their past, present, and future officers, directors, employees and agents from any and all claims of any kind arising from participation in any RALEIGH VOLLEYBALL CLUB activity on the St. David's School, North Raleigh Christian Academy, Neuse Christian Academy, City Of Knightdale Parks And Recreation, Ravenscroft School Property.

Parent / Guardian Signature _____ Date _____

Student / Athlete Signature _____ Date _____

Photograph, Information Release Permission Form

We will regularly update our website with pictures of the students-athletes and teams that RALEIGH VOLLEYBALL CLUB, the Carolina Region or others take throughout the season. Before we use any pictures on the website or in any promotional literature we must have the form below signed and returned to us agreeing to allow this information to be released.

I hereby agree that Raleigh Volleyball Club may use images of my daughter, on its website or in other promotional literature.

These images may include, but are not limited to, photographs, video and other multimedia images. Raleigh Volleyball Club may use these images on its website, promotional or informational literature, recruiting guides, and any other medium related to the function of Raleigh Volleyball Club.

I understand Raleigh Volleyball Club may use these images, in conjunction with its corporate partners and sponsors.

I agree to indemnify and hold harmless Raleigh Volleyball Club, its partners, officers, employees, and any organization co- sponsoring the program, from and against any and all liability arising out of or in any way connected with the use or publication of these images.

Also, I hereby agree that Raleigh Volleyball Club may publish and release my daughter's personal information; including, but not limited to: address, phone, email, graduation date, GPA, standardized test scores, physical test results, awards, and school information. This information may be available to other coaches, representatives, and recruiting agencies for the sole purpose of student-athlete recruitment.

Parent / Guardian Signature _____ Date _____

Student / Athlete Signature _____ Date _____



USAV YOUTH & JUNIOR VOLLEYBALL PLAYER MEDICAL RELEASE FORM

This **must be** completed - legibly - and signed in all areas by both the player and his/her parent or guardian. I understand and agree that this document will be kept in the possession of authorized adult team personnel and that reasonable care will be used to keep this information confidential. **By signing this form the participant affirms having read and agreed to the terms and conditions listed below.**

Club: _____ Team Name: _____

Male Female

First Name _____ Last Name _____ Birth Date _____ Age _____

Primary Contact: Parent or Guardian

Name: _____ Address: _____
 City, State & Zip _____
 Primary Phone: _____ Alternate Phone: _____

Secondary Contact: Parent/Guardian Other _____

Name: _____
 Primary Phone: _____ Alternate Phone: _____

Primary Insurance Co _____ Primary Group/Policy # _____ / _____

Family Physician Name _____ Physician Phone _____

Please elaborate on any medical conditions of which we should be aware:

Please list any medications currently being taken:

In the past 24 months, have you been tested, diagnosed and/or treated for a concussion: Yes No
 If yes, provide the date (months and year), who performed the testing/diagnosing/treatment and what was the outcome:

Please list any allergies:

If None, please write None.

Participant Signature _____ Date: _____
 (regardless of age):

Participant, _____, has my permission to participate in training, competition, events, activities and travel sponsored by USA Volleyball or any of its Regional Volleyball Associations (RVAs). I approve of the leaders who will be in charge of this program. I recognize that the leaders are serving to the best of their ability. I certify that the participant has full medical insurance with the company listed above. I understand and agree that this document will be kept in the possession of authorized adult team personnel and that reasonable care will be used to keep this information confidential. I agree to allow the authorized adult team personnel to release this information in the event of a medical emergency to a third party medical provider. I also certify to the best of my knowledge that the participant named hereon is physically fit to engage in the activities described above.

Parent/Guardian Signature: _____ Date: _____

Relationship to Participant: _____

If, during the course of my daughter's/son's activities in volleyball, she/he should become ill or sustain an injury, I hereby **authorize** you to obtain emergency medical/dental care. I will assume financial responsibility for the bills incurred through my insurance company.

Signature: _____ Date: _____
 Parent/Guardian

or

I do not authorize emergency medical/dental care for my daughter/son.
 Signature: _____ Date: _____
 Parent/Guardian